

# Lunch Menu CKM, CKH, KSS, OHS 2019-20

Week 1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	Entrees	Entrees	Entrees	Entrees	Entrees
9/2,9/16	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
9/30,10/14	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
10/28, 11/11	Variety pizza	Variety pizza	Variety pizza	Variety pizza	Variety pizza
11/25, 12/9	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza
1/6, 1/20	<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>
2/3, 2/17	Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger
3/2, 3/16	Chicken Burger	Chicken Burger	Chicken Burger	Chicken Burger	Chicken Burger
4/13, 4/27	Buffalo Chicken Nugget w Tator Tots	Mini Corn Dogs	Buffalo Chicken Nugget w Tator Tots	Mini Corn Dogs	Buffalo Chicken Nugget w Tator Tots
5/11, 5/25	Turkey & Cheese Sandwich Ham & Cheese Sandwich	PopCorn Chicken	Turkey & Cheese Sandwich Ham & Cheese Sandwich	PopCorn Chicken	Fishwich
	Cheese Stick w/ Dipping Sauce & Tator Tots	Breaded Chicken Drum Stick w/mashed potatoes & gravy	Enchilida	WG Pasta w/ meat balls, sauce & bread stick	Teriyaki Chicken w/ Rice
	Grab n Go	Grab n Go	Grab n Go	Grab n Go	Grab n Go
	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>
	<i>Fruits</i>	<i>Fruits</i>	<i>Fruits</i>	<i>Fruits</i>	<i>Fruits</i>
	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
	Oranges	Apples	Bananna	Orange	Apples
	Diced Pears	Diced Peaches	Strawberry Applesauce cup	Mixed Fruit	Strawberry cup
	<i>Vegetables</i>	<i>Vegetables</i>	<i>Vegetables</i>	<i>Vegetables</i>	<i>Vegetables</i>
	Tossed Salad	Romaine Salad	Tossed Salad	Romaine Salad	Tossed Salad
	Carrots Pkg		Carrots Pkg		Carrots Pkg
	Broccoli	Corn	Edamame	Green Peas	
	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)
	Milk	Milk	Milk	Milk	Milk
	1% Plain	1% Plain	1% Plain	1% Plain	1% Plain
	FF Choc	FF Choc	FF Choc	FF Choc	FF Choc

# Lunch Menu CKM, CKH, KSS, OHS 2019-20

Week 2

9/9, 9/23  
 10/7, 10/21  
 11/4, 11/18  
 12/2, 12/16  
 1/13, 1/27  
 2/10, 2/24  
 3/9, 3/23  
 4/6, 4/20  
 5/4, 5/18  
 6/1, 6/15

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Entrees	Entrees	Entrees	Entrees	Entrees
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Variety pizza	Variety pizza	Variety pizza	Variety pizza	Variety pizza
Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza
<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>	<b>Rippers</b>
Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger	Cheese Burger
Chicken Burger	Chicken Burger	Chicken Burger	Chicken Burger	Chicken Burger
Buffalo Chicken Nugget w Tator Tots	Mini Corn Dogs	Buffalo Chicken Nugget w Tator Tots	Mini Corn Dogs	Buffalo Chicken Nugget w Tator Tots
Turkey & Cheese Sandwich Ham & Cheese Sandwich		Turkey & Cheese Sandwich Ham & Cheese Sandwich		Fishwich
Sweet & Sour Chicken w Rice	Grilled Cheese w/ Tomato Soup	Nachos	Edamame Kung Pao Chicken w/ Rice	Chicken Fajita w/ refried beans
Grab n Go	Grab n Go	Grab n Go	Grab n Go	Grab n Go
<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>	<b>Whole Grain Dinner Rolls (offered with every entrée)</b>
<b>Fruits</b>	<b>Fruits</b>	<b>Fruits</b>	<b>Fruits</b>	<b>Fruits</b>
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Oranges	Apples	Bananna	Orange	Apples
Diced Pears	Diced Peaches	Strawberry Applesauce cup	Mixed Fruit	Strawberry cup
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Tossed Salad	Romaine Salad	Tossed Salad	Romaine Salad	Tossed Salad
Carrots Pkg		Carrots Pkg		Carrots Pkg
Broccoli	Corn	Edamame	Green Peas	
Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)	Gobanzo (flavored chick peas)
<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
1% Plain	1% Plain	1% Plain	1% Plain	1% Plain
FF Choc	FF Choc	FF Choc	FF Choc	FF Choc