

Health Advisory Committee
October 28, 2015
7:30 a.m. – Jenne Wright Board Room

In attendance:

Vonnie Saucerman – Supervisor CKSD Health Services/ School Health Consultants
Diane Reichel- Secretary, Health Services
Soni Riley – CKSD District Nurse
Sarah Lewis – CKSD District Nurse
Chris Wyatt – Director of Student Services
Rachel Oathout – Learning Specialist, Silverdale Elementary
Amy Dyer – CKSD District Nurse
Becky Ascencio - Environmental Resource Coordinator/ Maintenance
Sam Blazer – Director, CKSD Food Service
Tim Mahaney – CKHS Career Center Coordinator

Review of current medical forms for school/ Field Trip planning

Copies of the med forms that are currently in use were passed out. The following revisions were suggested:

- Remove the actual school year date and replace with “Current school year _____”
- Remove the “(for the duration of current school year unless otherwise noted) under Inclusive dates for medication to be given and replace with 2 boxes – “Current school year” “Less than current school year”
- On the End of School Year Medications letter that goes home to parents Chris noted that it should be mailed home to parents and not sent home in backpacks. Tim thought reformatting it and making it 2 paragraphs would make it easier to read.

The form that Bremerton School District uses for medications at school was looked at. Becky said that for overnight field trips where students want to self-carry medication, including over the counter meds, that under “Dosage and Mode of Administration” the doctor would note “self-carry” and the dosage.

Our current district policy and procedure, 3416 and 3416P, Medication at School was reviewed. In the procedures it states: “If a health professional and a student’s parent request that a student be permitted to carry his/or her own medication and/or be permitted to self-administer the medication, the principal may grant permission after consulting with the school nurse.” It was determined that a separate permission form isn’t needed as the principal can sign the existing form giving permission.

For extended field trips where students may need medication not usually taken at school, only secondary students are permitted to self-carry with principal’s permission. Overnight field trips have to be approved by the school board so are noted in the meeting minutes. Diane currently checks the meeting minutes and emails field trip information to the nurses so they can follow up with the teacher.

Bainbridge Youth Services (BYS)

The nurses attended a K20 Statewide Nursing Seminar on October 21st that covered risk management for school nurses and 504 legal issues. There were also presenters from Bainbridge Youth Services, currently in the process of changing their name to Be Your Self to make more county wide friendly. They received a grant and have created a website where teens can ask personal questions anonymously and receive answers from counselors or browse answers to questions posed by others. They are working on a phone app also. Vonnie passed out posters about the website that can be posted around schools and in bathrooms where students could be more likely to access the information.

Answers to questions are answered within two days and students 13 and over can request counseling appointments where counselors will come to where the student is if needed.

Tim mentioned that West Sound Counselors meet every month and will contact them to come present at one of their next meetings.

Flu Shot Clinics

Sarah said that there wasn't enough interest at Brownsville and Fairview to have flu shot clinics, but that it was well received at Olympic High School with about 25 staff getting shots from Rite Aid.

Costco will be giving shots on November 20th at CK Middle School. Vonnie will invite bus drivers, CK High School, Special Services, Warehouse and Food Services to participate also.

Cougar Valley and Klahowya will have clinics on November 19th at 12:30, with Maintenance invited to participate.

The Benefits Fair at the beginning of the year would be a convenient time to have flu shots available next year, but may be too early to have them available. Costco could come and have information about receiving shots if not able to give them.

Other business

Vonnie attended an ACES coalition meeting whose aim is to decrease adverse childhood experiences and increase housing options in the community. The director for the ACES project presented brain mapping data showing how adverse childhood experiences negatively affect brain function and learning and problem solving. They are advocates of all day kindergarten which provides positive influences outside the home where good behaviors are modeled.

There is a nurse/family partnership for teen mothers which provides a two year period where nurses visit the home providing information and support which can help prevent negative issues in the home. Information on the program should be provided to the teen parenting program at West Alt and the elementary learning specialists who deal with families with younger siblings.

Sam said that the OSPI Child Nutrition grant that allows for a state wide free and reduced lunch application system will be in place by the beginning of next year. The online application process allows instant notification if the applicant qualifies for free/reduced lunch. Food Service will receive lists daily of approved applications.

Vonnie attended the 5210 quarterly meeting recently and said that they will be focusing on resources that can be checked out by groups or individuals to promote 5210. They also presented tools to introduce different foods to people with recipe ideas, as well as to younger children and parents to try new foods together.

Sam said that two times a month he has locally grown pre-cut produce available at the schools with the salad bar items. There are different choices every month and are identified with a "Locally Grown" arrow on the side.

Meeting adjourned at 9:40

The meeting dates for next year are :

October 28, 2015; December 2, 2015; January 27, 2016; February 24, 2016 (SS Conference Room); March 30, 2016; April 27, 2016; May 25, 2016