

Health Advisory Committee

January 27, 2016

7:30 a.m. – Jenne Wright Conference Room A

In attendance:

Vonnie Saucerman – Supervisor CKSD Health Services/ School Health Consultants

Diane Reichel- Secretary, Health Services

Sarah Lewis – CKSD District Nurse

Sara Leshley – CKSD District Nurse

Becky Ascencio - Environmental Resource Coordinator/ Maintenance

Heather Carrell- Naval Base Kitsap, School Liaison Office

Jenni Osborne - Health Educator, Health Promotion and Wellness Dept Bremerton Naval Hospital

Sam Blazer – Director, CKSD Food Service

Kim Rose – YMCA Senior Director of Health and Well Being

Introductions

Kim Rose is the alternate YMCA representative with Jennifer Bekeny.

NBK Kindergarten Fair

Heather reported that only 37 families attended the Kindergarten fair on January 26th, a smaller turnout than in the past. The Central Kitsap and North Kitsap nurses had a table with health information but Sara said that families were reluctant to come to them and they had to approach families to ask if they had questions.

CIS form tool for schools

Vonnie showed a new overlay tool for Certificate of Immunization forms that highlights which boxes should have dates filled in for the different age groups. School staff can quickly check to make sure parents have filled in the required dates when they register their students. Vonnie will present it at the elementary support secretary meeting on January 28th to see if they are interested in using it.

Vonnie will also talk to secondary office staff about the Tdap vaccine that is required for 6th graders since middle schools will not be used to dealing with that requirement, as well as the new 2 dose varicella (chicken pox) requirements for 9th-12th graders for next year.

Dissemination of health information

With the new CKSD website there are a few items that were either lost or moved to different places. The required HPV/Meningococcal notice for parents of 6-12th graders is no longer on the Health Services page. Becky said that she saw it with the required Asbestos notice under District Business / Legal Notices on the district website. The 5210 Toolbox that was under Parent Resources on the Health Services page was not moved to the new website. Angela Dice was notified on November 20th and said she would have it up in a couple of weeks. It was noted that parent information is not going out as in years past.

Vonnie said that the algorithm information about head lice needs to be presented to schools every year and that newsletter articles suggesting the parents check their child's heads regularly be put in school newsletters at least twice a year.

It seems that there is a culture of mistrust lately with parents thinking that the schools won't take care of their child. An example is the parent who called the Health District about the "outbreak" of stomach flu after office staff said there were "lots" of kids going home sick. Sam said a parent called and was sure that the lettuce their child ate at school caused him to throw up. He is required to notify the Health District if 6 students get sick from eating at school. Vonnie is required to notify them if 10% of the students are home sick.

Food Service Update

Sam said the US Senate Agriculture committee is looking at rescinding some of the new regulations regarding school food service. The whole grain requirement may be pushed back and the sodium requirement may be put on hold. He said because costs have risen this year that this is the first time in 12 years that they will be operating in the red and will have to use district general fund money to cover costs.

When the state takes over the online enrollment process for free/reduced meals it will provide a truer picture of who actually qualifies, which will affect a range of other programs.

New legislation is looking at requiring schools to publish a list of all ingredients and allergens for all food served.

YMCA

Kim runs the Youth Fit Program and had 18 kids start the program in October with 12 finishing in December. Shopping for food, packing healthy lunches and incorporating exercise into their daily activities is all a part of the program.

There will be a new class starting in March and she is looking for 18 kids with doctor referrals for the program. Doctor referrals are required since the fees are paid by the Medical Society.

She is starting at \$10,000 Weight Loss Challenge which will run from April or May until the Blackberry Festival (the first week of September), with monetary prizes for the most percentage of weight lost. There will be a big online presence with regular text messages for participants. She is looking for a few more sponsors before finalizing posters.

Other business

Jenni mentioned the website for military kids Military Kids Connect <http://www.militarykidsconnect.dcoe.mil/> that is monitored by psychologists and helps kids cope with their unique stresses.

Sara is still running the lunch bunch at Silver Ridge for military kids that has had about 50 kids participate at some point this school year so far. Primary grades are more involved than older kids.

April is the Month of the Military Child. Heather will send her newsletter to interested committee members.

Meeting adjourned at 8:50

The meeting dates for next year are :

February 24, 2016 (SS Conference Room); March 30, 2016; April 27, 2016; May 25, 2016