

Health Advisory Committee
April 29, 2015
7:30 a.m. – Stage Conference Room

In attendance:

Vonnie Saucerman – Supervisor CKSD Health Services/ School Health Consultants
Diane Reichel- Secretary, Health Services
Gail Smith – Cottonwood PE Teacher
Sara Leshley – CKSD District Nurse
Sarah Lewis – CKSD District Nurse
Chris Wyatt – Director of Student Services
Rachel Oathout – Learning Specialist, Silverdale Elementary
Heather Carrell- Naval Base Kitsap, School Liaison Office
Deborah Schmidt – YMCA
Becky Ascencio - Environmental Resource Coordinator/ Maintenance

Health Fair Review – Gail and Sara

An estimated 800 people attended the Community Health Fair on Sunday April 12th at the Fairgrounds. All of the vendors were pleased with the event and want to participate next year. Some points from Gail:

- Advertising needs to be better next year -not sure if street signs and reader boards were used
- More sustainable local produce samples
- Recycling of water bottles needed for next year
- Too many activities with competing music
- Nice complement of PE teachers and Medical Society
- Having the racers run through the middle of the hall was a plus
- A little chaotic at the beginning with tables not set up at 9:00
- Try not to have during spring break next year
- Pumas were great to have and did a lot with the kids – very professional
- First Aid Station needs to have first aid supplies available and needs to be manned throughout the fair
- Sara offered blood pressure checks which no one wanted
- Planning will start in the fall for next year's fair with coordination with Rebecca from the Medical Society
- Notes from last meeting minutes – not sure if happened:
 - It was suggested that media students from the high schools be approached to take pictures and/or produce a news story on the event.
 - Gail would like to find someone to make smoothies during the fair. The Klahowya consumer science teacher was suggested as a possible resource.

Gail is planning on continuing on Health Advisory Committee next year after retirement and will be involved in the Community Health Fair.

District Assessment of Student Health – Vonnie and Diane

Diane passed out copies of the District Assessment Summary that provides a snapshot of the health concerns in the district for this year, and graphs showing the number of Individual Health Plans and specific health concerns over time in relation to the number of students.

The number of diabetic students has remained fairly consistent but the amount of care needed throughout the school day has increased due to tighter management of their disease. Office staff are having to spend more time overseeing their care. Vonnie has data collected by the Skyward system in North Kitsap by office staff that shows they spend 2 ½ hours a day tending to students health needs. Chris asked her to bring the data to the meeting that will discuss if specific schools need more office staffing.

PowerSchool has the ability to log office visits but it is currently not being used.

Mental health issues are shown to have increased also, partly due to increased tracking and partly from increasing student issues. Heather cited an article that stated that students with autism can have mental issues ranging from depression, ADHD, anxiety and OCD, and that middle school and high school can be especially stressful for autistic students.

Spring Field Trip Issues – Vonnie, Sara and Sarah

The Fairview Junior High music teacher takes 6th graders from several different elementary schools to give concerts at different schools every spring with little or no advance notice to staff which results in medications not being brought along on the field trip. Marine Science Center trips are apparently not being routed through the office managers so advance notice is not gotten to nurses. Chris will look into how those trips are arranged through Curriculum.

Sara said that schools are getting better about informing the nurses about field trips but that it is still a work in progress.

Chris suggested that Vonnie be on the agenda at the Department Resource Meetings for the office managers in August to remind them about field trip procedures.

Other business

The nurses will be participating in a Community Health Fair geared toward families of 3-5 year olds who will be starting in preschool or kindergarten next year. They have tri-fold poster boards to display with drink choices, kindergarten readiness and oral hygiene, nutrition and car seat information. Goodie bags will be given away with coloring pages on hand washing, toothbrushes and stickers.

Heather will get her flyer to Vonnie on Things to do with Children in Kitsap County to hand out also.

Vonnie presented Nickie the training doll that the nurses can use to train for students with medical needs – gastrostomy tubes, tracheostomies, PICC lines, etc. – as it is easier to practice on a doll than on the student.

Deborah said that the enrollment is up for the next Youth Fit Program that starts in June thanks to referrals from nurses, counselors and doctors. Good results were achieved in the last session with children showing improved physical fitness.

Military Appreciation Day went well, with kids enjoying the mini Army boot camp activities.

Sara brought up an issue with the head injury forms and the policy and procedures as they relate to student athlete head injuries. It is not specifically stated that the student must be seen by the athletic trainer at the school before they are allowed back to play in their sport – being cleared by their health care provider is not sufficient. Vonnie and Sara will look at the procedure and bring changes.

Becky said that Joanne L (Limb) from (Lake Stevens School District) has replaced Kris Daly as the new Custodial Supervisor and that she brings a lot of experience to the position.

Vonnie heard from Dr. Turner at the Health District that no new cases of pertussis have been reported in Kitsap County since the middle of April.

Heather passed on an article to Vonnie about the fact that MMR is not connected to autism. She appreciates school staff and nurses referring military families to her who may need help.

Meeting adjourned at 8:40

The meeting dates for this year are May 27, 2015